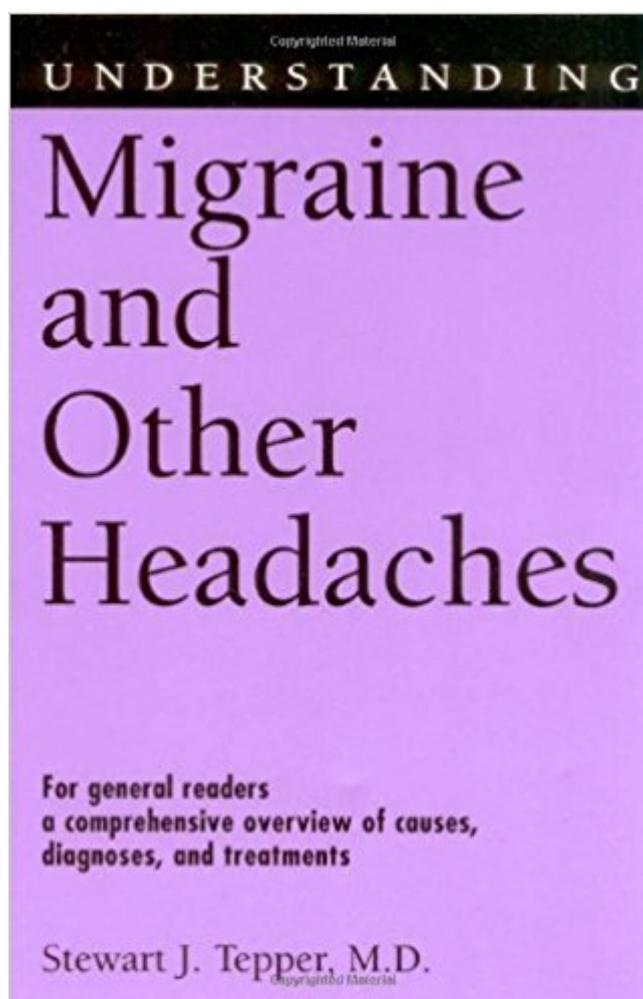


The book was found

Understanding Migraine And Other Headaches (Understanding Health And Sickness Series)



Synopsis

In the United States, eighteen percent of women, six percent of men, and four percent of children suffer from migraine headaches. All races are affected, although, for reasons which are unknown, whites are more likely than African Americans to be afflicted with the condition, and Asian Americans are least often migraine sufferers. Migraine is an inherited condition-many families can trace it back for generations-and it has enormous economic and social consequences, both to individual sufferers, and to the society as a whole. The cost to the U.S. society alone is in excess of \$13 billion per year in lost productivity and in health care. *Understanding Migraine and Other Headaches* provides up-to-date information on the causes and diagnoses, as well as current preventive measures, effective treatments, and surgical procedures. The book gives an overview of every major type of headache, including the debilitating, nausea-inducing forms of migraine, episodic tension-type headaches (the most common form), chronic daily headaches, and more obscure head-aches such as trigeminal neuralgia and cluster headaches. This book is intended for those who are burdened by headaches as well as for their families, coworkers, employers, and friends. As such, it is written in a lucid and simple style that is accessible both to lay readers and medical professionals. In the last two decades, revolutionary new migraine-specific medications have been developed. This book undertakes a comprehensive look at medications for acute "as needed" treatment of headaches and for preventing the onset of an attack. It offers guidelines for assessing headache pain, the level and type of medication needed, possible side effects, and drug effectiveness. Stewart J. Tepper is director of the New England Center for Headaches in Stamford, Connecticut.

Book Information

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Customer Reviews

Anyone who experiences headaches and Migraines or knows someone who does needs some good books about headaches and Migraine in our libraries. This book is a quite worthy addition to anyone's library. Written "for general readers," the book is, "a comprehensive overview of causes, diagnoses, and treatments" written in a logical, easy flowing style. You'll find it complete, up-to-date, and easy to understand. Bravo!

I am an otolaryngologist (aka ENT doctor) who sees a lot of patients with "sinus headache", most of whom have migraines. Although this book is presumably written for the lay person, and does a nice job for that audience, I have highly recommended this book to many doctors in training, and for physicians who see migraine patients, but may not have a lot of personal experience or professional experience with treating migraines. Its very readable, concise, and practical. I'm going to buy a couple of copies for my students to use while they are working with me!

I would tell anyone with recurring headaches to read this book. Finding the cause for my headaches remains a mystery. There are so many facets to migraines that this book left me feeling I might never understand what the root cause is. What I experience could also be have multiple causes. I may never really know but at least now I have a greater understanding of what I am experiencing.

This is a wonderful book about headaches - it is a thin book (so don't get intimidated). I saw Dr Tepper when he practiced in Seattle he helped me a lot. He is a hard working and dedicated physician. I am so glad he wrote this.

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Understanding Migraine and Other Headaches (Understanding Health and Sickness Series)

Headache and Your Child: The Complete Guide to Understanding and Treating Migraine and Other

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